

Temple Beth Shalom, Polk

Chai Lites

November 2025



No, that's not a real product!

Are you craving some childhood favorites or some kosher or kosher style delicacy? Or are you looking for something for the holiday? Below you'll find some stores where you can find those kosher foods you've been looking for:

Trader Joe's, 8323 Sand Lake Rd, Orlando. Challah, meats and chicken are usually available. Many other kosher items – you just need to read labels.

Winn-Dixie, 11957 South Apopka Vineland Rd, Orlando. Huge selection of kosher fresh and frozen foods as well as baked goods. Large Passover selection before the holiday.

JO-EL's Kosher Deli, 2619 23rd Ave N, St Petersburg. They do ship but make sure to tell them to double up on the ice packs.

TooJay's Deli, 7600 Dr Phillips Blvd, Unit 116, Orlando

Kroger Delivery online order. Now selling meat, challah and other kosher items. In order to get the frozen/cold items you do have to choose the earliest (6am) delivery.

Zabars.com online order. These orders come packed in ice and usually arrive the next day.

You won't go hungry!

President's Musings

by Uriah Rose

Join Our Temple Family!

We cordially invite you to join us for worship, community events, and spiritual growth opportunities. Our temple congregation is a warm, welcoming and inclusive space where you can:

- Deepen your spiritual practice
- Connect with like-minded individuals
- Participate in cultural and community events
- Find support and friendship

November Service Schedule:

- please see this issue of Chai Lites

Get Involved:

- Volunteer opportunities
- Spiritual growth programs
- Community service initiatives

We Look Forward to Welcoming You!

Join us for worship, fellowship, and community. Contact us for more information or to get involved:

Temple Beth Shalom
1029 Bradbury Rd
Winter Haven, FL 33880
<https://templebethshalompolk.org/>
(863) 292-0722

Uriah Rose,
President
Temple Beth Shalom

Sukkot



We decorated the Sukkah and then waved the Lulav and Etrog!



Uriah took the Lulav and Etrog to Meryl Crews so she could observe the holiday as well.



On October 25th we had our first Torah Study with Rabbi Guyster followed by a Saturday morning service.



Temple Beth Shalom Officers

2025-2026

President: Uriah Rose

Secretary: Margo Fleisher

Treasurer: Michael Craig

Past President: Lorraine Mixer

Brotherhood/Sisterhood President: Beverly Lerner

Trustees:

Lee Ann Martinez

Diana Kramer

Arlene Greenberg

Bobby Baum

Ethan Feldman

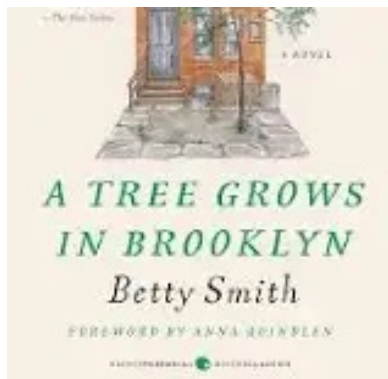
Jeffrey Goldblatt



The Book Club will meet at 11:00 a.m. on Tuesday, November 18th.

The November choice is:

A Tree Grows in Brooklyn by Betty Smith



We are still looking for corporate and business advertisers.



Temple Beth Shalom is the only reform Jewish congregation in Polk County, located in Winter Haven, Florida.

Our congregation is celebrating over 40 years of devotion to Polk County!

We are preparing our annual Directory. Please help us by supporting this fund-raising project by purchasing a Personal or Commercial Ad for our Chai Notes Directory.

All donors will be acknowledged for their generosity in our monthly newsletter, Chai Lites.

You will find the personal and commercial ad forms attached. Please make checks payable to:
Temple Beth Shalom
P.O. Box 313
Winter Haven, FL 33882-0313

We appreciate you helping us to make our directory a useful community tool.

With warm regards,

Uriah Rose
Congregation President
bodysbyrose@gmail.com

Temple Beth Shalom
Polk County Reform Jewish Congregation
863-292-0722 (messages only)
Mailing Address
P.O. Box 313
Winter Haven, FL 33882-0313

**2025 - 2026
Temple Beth Shalom
High Holidays Chai Notes
Family Message Form**

It's that time of year when we work together to make the source that
enables us to connect with each other by mail, telephone or email:

The Temple Beth Shalom Annual Directory.

Members and guests are invited to express holiday greetings to the
congregation. Please send this completed form and payment to;
Temple Beth Shalom, High Holidays Chai Notes, P.O. Box 313,
Winter Haven, FL 33882-0313

Or email your order to: Lorraine Mixter; lorrainemixter@aol.com
Please return by August 31, 2025



Large Message
\$36



Small Message
\$18

Temple Beth Shalom
Polk County Reform Jewish Congregation
863-292-0722 (messages only)
Mailing Address
P.O. Box 313
Winter Haven, FL 33882-0313



2025- 2026
Temple Beth Shalom Directory
Commercial Ad Order Form

Please complete a separate form for each ad. We can provide limited design work for ads using your art.

Bill to:

Name: _____

Street Address: _____

City/ State/ Zip: _____

Phone: _____

Print message clearly or attach digital artwork. Please do not staple or fold artwork.

☐ Full page (4 ¼" x 7 ½") / \$300.00

☐ Half page (4 ¼" x 3 ¼") / \$175.00

☐ Quarter page (4 ¼" x 1 ⅞") / \$90.00

Please send this completed form, art and payment to:
Temple Beth Shalom, High Holidays Chai Notes, P.O. Box 313
Winter Haven, FL 33882-0313
or email your order to: lorrainemixter@aol.com

November Calendar

Nov 2	9:00 a.m.	Brotherhood/Sisterhood at Putters on the 9th
Nov 4	10:00 a.m.	Chair Yoga with Joyce Preston
Nov 4	12:00 p.m.	Maj Jong
Nov 8	9:15 a.m.	Torah Study
Nov 8	10:30 a.m.	Shabbat Service
Nov 9	9:30 a.m.	TBS Board Meeting
Nov 11	12:00 p.m.	Maj Jong
Nov 16	3:30 p.m.	Trip to the Holocaust Museum in St Petersburg
Nov 18	10:00 a.m.	Chair Yoga with Joyce Preston
Nov 18	11:00 a.m.	Book Club
Nov 18	12:00 p.m.	Maj Jong
Nov 21	7:00 p.m.	Shabbat Service
Nov 25	10:00 a.m.	Chair Yoga with Joyce Preston
Nov 25	12:00 p.m.	Maj Jong
Dec 2	10:30 a.m.	Chair Yoga with Joyce Preston
Dec 2	12:00 p.m.	Maj Jong
Dec 6	9:15 a.m.	Torah Study
Dec 6	10:30 a.m.	Shabbat Service – Feldman Family Baby Naming
Dec 7	9:00 a.m.	Brotherhood/Sisterhood at Putters on the 9th

For more information, please email web@templebethshalompolk.org
or call: 863-292-0722

Temple Maintenance Project Fund

Dear Temple Members,

Our facility on Bradbury Road was completed in 2003. Since then, we have not really invested in any real exterior maintenance which at this point should be considered a necessary goal.

I have received a quote of \$11,680 to perform the following:

Pressure clean the building

Repair and caulk exterior cracks

Caulk all windows and doors

Seal exterior to receive paint

Paint two coats on exterior including walls, fascia, soffits, gutters and downspouts

Paint vinyl siding on gables and roof vinyl with vinyl friendly paint

Sand and re-stain 2 front doors

Paint rear and side door

Paint portico ceiling

Use Sherwin Williams Superpaint, sealer and vinyl paint

Donations to this project would be appreciated.

Alternative quotes and modifications to the above can be made, but the general goal is \$11,680.

Thank you for considering this project.

Robert K. Lerner



The Brotherhood/Sisterhood membership is open to all
TBS members and their spouses.

Come join us on the First Sunday of each Month.
@ 9:30 am for social time, monthly meeting following.
Dues are \$25.00 per year for Family Voting Rights.

Everyone is Welcome to all our Events.

Beverly Lerner, president
Jeffrey Goldblatt, vice president
Sandi Grinker, treasurer
Ethan Feldman, secretary

Please contact the Vice President of Brotherhood/Sisterhood –
Jeff Goldblatt at: auinoh@gmail.com for more information while
President Beverly Lerner recuperates from a broken leg.

The November meeting will be held at Putters on the 9th.

9:30 am at:

The Hamptons Golf & Country Clubhouse
900 Southampton Blvd. Auburndale, FL 33823



The Secure Community Network

On September 11, 2025, the Secure Community Network made available to us a presentation on a strategy to increase our synagogue's safety in these turbulent times: *Navigating Conflict: The Power of De-Escalation*. It was an informative discussion on how we all have the ability to increase our safety in using our listening skills to keep ourselves and others calm to reduce the risk in an escalating situation. There was important information on identifying what situations can be de-escalated and what situations cannot. De-escalation is called for if we have one or more people with us that are emotionally upset and need help to calm down. In these situations, there is no immediate plan to cause harm, only to vent anger or distress. De-escalation is not helpful if someone comes to us with a plan to disrupt our services or harm people inside our sanctuary. Since the attack on the Tree of Life Synagogue in Pittsburgh and October 7 in Israel, antisemitic violence seems to be increasing as are attacks on houses of worship in general recently. Many of us in the last several years are more concerned about this second kind of security risk. We cannot talk our way out of these. What can we do? There are multiple strategies Temple Beth Shalom is implementing:

- One of the first and most practical measures was an electronic entry system. This is why you use a key fob to get into the building. Recent history shows that assailants like easy targets and if they cannot get into the building they are not going to keep trying for long. This is a good time to remind you not to prop the door open or let someone you don't know follow you into the building. We can screen visitors to the temple and help keep each other safe.
- Temple Beth Shalom has security team volunteers that have completed active shooter or other security training through the Sheriff's Department, a private contractor, or in consultation with the US Marshals' office and are prepared to provide security leadership. They are trained at monitoring the entrances and keeping an eye on the congregation during services.
- The Polk County Sheriff's Department has shown a lot of interest in our safety and posted cameras to monitor the outside of our building. They reached out to us many times in the last several years and provided us with a contact at their offices. This past year they began posting a deputy outside any time we tell them our building will be occupied. The PCSD is doing a lot to show that the safety of our synagogue and its participants are important to them.

- We are applying for grants to support extensive security upgrades to the temple building such as stronger doors and greater ease of emergency exits, a better monitoring system, more cameras. We hope we can get these projects going this year.

Some of the best security strategies are in preparation and mindfulness, and your Board and congregation have these in great supply for you.



Good Cheer Committee

Our resident artist, Polly Weinmann is our new Chairperson of the “Good Cheer Committee”.

Please share your name and date if you wish to receive greetings on your birthday, anniversary or at times when you just need an uplifting note.

Email: mom2furkids1@gmail.com

NAME	ADDRESS	PHONE	BIRTHDATE (NO YEAR)	ANNIVERSARY
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Maj Jong Ladies



The Mah Jong ladies meet every Tuesday at noon.

We love our Maj Ladies. They are sharing the expense of using our building. Thank you, ladies, for your contributions of water, soda, paper towels, flatware, etc.!

Feel free to bring your lunch and eat with them before they play. If you would like to learn how to play Mah Jong, they will teach you.

For more information sandigrinker@gmail.com 863-207-7440.



Onegs (also known as Kiddush)

The mitzvah of sponsoring an Oneg is a wonderful way to celebrate any milestone from a birth, birthday, bar/bat mitzvah, anniversary, graduation, or a loved one's yahrzeit.

A Congregational Oneg not only provides a meaningful tribute to a loved one with an acknowledgement in Chai Lites and a charitable donation receipt, but it more importantly provides blessings to the family with the words spoken by friends, members, and attendees to the sponsoring family. Kiddush/Oneg sponsorship helps strengthen your connection to the community while enhancing our community's Shabbat experience.

To celebrate your milestone with an Oneg, please contact Arlene Greenberg.

Please contact Arlene to reserve your Oneg spot or to volunteer to take over this responsibility at:
arlenegreenberg@gmail.com

November 21 Lee Ann Martinez
December 19 Uriah and Krystal Rose



Thank You's: there is always something to be thankful for!



- Thank you to Diana Kramer for organizing *Aliyahs* on Shabbat.
- Thank you to Bobby Baum for providing delicious homemade Challah.
- Thank you to Arlene Greenberg for organizing our Onegs.
- Thank you to Margo Fleisher for email account and our Zoom account.
- Thank you to Polly Weinmann for sending Thank You cards and greeting cards.

Donations

- Barron Krisher has made a donation in honor of the Jewish people.
- Lorraine Mixter has made a donation in memory of Jerry Heyman.
- Renee and Allen Cohen have made a donation in memory of Jerry Heyman.
- Bert Devorsetz has made a donation in memory of Jerry Heyman.
- Renee and Allen Cohen have made a donation to the building fund.
- Julie Pope has made a building fund donation.

Temple Beth Shalom introduces:

Chai Lites Boosters, a Wish List for much needed upgrades for our building.

By donating Chai, \$18 your name will be published as a "Chai Lites Booster" in our monthly newsletter for a period of one year.

Yes, I want to be a Chai Lites "Booster."

Enclosed is my check in the amount of \$_____ for _____ years.

Please show my name as: _____

Please indicate Chai Lites Booster on your check.

Please mail your check to: Temple Beth Shalom

Attn: Boosters

P.O. Box 313, Winter Haven, FL 33882

Chai Lites Boosters

Donor Name	Month	Expiration	Donor Name	Month	Expiration
Diana Kramer	3-Mar	2026	Joseph Rodriguez	13-Aug	2026
Janis Koike	26-Jan	2027	Beverly Lerner	9-Jun	2028
Brotherhood/Sisterhood	4-May	2031	Jeffrey Goldblatt	13-Jun	2026
Jerry Kosten	19-Jul	2026	Jerry Heyman	16-Jun	2026
Bobby Baum	3-Mar	2026	Herb LeShay	7-Aug	2027
Barbara Brooks	28-Aug	2027	Arlene Greenberg	1-Sept	2026
Korina Masters	31-Oct	2026	Varda Rottenberg	3-Mar	2026

November Yahrzeits

Yahrzeit Date	Deceased	Relationship
	Helen Seligman	grandmother of Michelle Chain
11/2	Lina Cohen	mother of Bev Lerner
11/4	Robert Smith	father of Vincent Smith
11/12	Max Goldstein	father of Jacqueline Korn
11/12	Marjorie Myers	mother of Rhonda Bedsole
11/13	Lillian Sonnenschein	grandmother of Phil Grinker & Diana Glockner
11/13	Jacob Bovarsky	grandfather of Sandi Grinker
11/13	Ida Eisenberg	grandmother of Renee Cohen
11/13	Gertrude Peckman	mother of Renee Cohen
11/15	Joseph M. Cohen	Uncle of Brenda Poller
11/15	Joe Bronstein	perpetual yahrzeit
11/15	Heather Morris	daughter of Melissa and Dan Morris
11/15	Florence Kerner	mother of Howard Kerner
11/16	William Landesman	father of Deanna Schwartz
11/17	Ruth Wolfe	perpetual yahrzeit
11/16	Masuo John Koike	husband of Janis Koike
11/19	Theresa Poller-Bendon	aunt of Robert Poller
11/21	Anne Feder	mother of Art Feder
11/22	Elliott Fleisher	father of Margo Fleisher
11/22	Max Silverman	father of Myrna Soberman
11/24	Julia Ann Weinmann	mother of Jan Weinmann
11/24	Sheila Fendler	grandmother of Brian Fendler
11/28	Gladys Lowy	perpetual yahrzeit
11/28	Beatrice Briklod	mother of Meryl Chayt
11/29	Dora Zulver	grandmother of Steven Chayt
11/30	Martin W. Lerner	father of Rob Lerner

Yahrzeit Reminders - May their memories be a Blessing.

A candle should be lit the night before at sundown.

You may say Kaddish with the Temple Beth Shalom community during Friday services.

Candles may be purchased at the temple.

It is customary at this time to give tzedakah in memory of your loved one.

To make a donation to any Temple Beth Shalom fund or to purchase a yahrzeit plaque,





A great action photo of the Tuesday morning Yoga practice.

From Left to Right: Joyce Preston (yogi), Sybil Weiss, Arlene Greenberg, Beverly Lerner, Judy Richter, and Sandi Grinker.

Chair Yoga at the Temple

Join us for chair yoga at the Temple. Temple member and certified yoga instructor Joyce Preston guides us through this gentle, beneficial activity using simple props, music, and clear directions. Joyce makes it fun and easy while still challenging for even our more advanced participants.

Come join us. \$5 per session.

Contact Sandi Grinker for more information:

sandigrinker@gmail.com 863-207-7440



**Thank you to all the members and families who donated and thank you
to our 2026 Advertisers:**

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Temple Beth Shalom Brotherhood/Sisterhood

Joyce Preston