

Temple Beth Shalom, Polk

Chai Lites

September 2025



The year 5785 will soon come to a close, to be replaced by 5786.

What are your Rosh Hashanah traditions? At Temple Beth Shalom we welcome our Rabbi back from his summer of study or this year we welcome a new Rabbi with a hearty meal.

Join us on September 13th at 6pm for a dairy pasta meal. Details can be found later in this edition of Chai Lites.

If you were unable to attend the Meet and Greet luncheon for Rabbi Guyster, this is a second chance to meet our new rabbi and share a meal with him before a Selichot service.

\$12 members

\$15 non-members

Please RSVP by September 5th to:

Lorraine Mixter at: 863-409-8509 or lorrainemixter@aol.com

Please send your check to:

P.O. Box 313, Winter Haven Florida 33882-0313

OR thru Zelle to: web@templebethshalompolk.org

Past President's Musings

by Lorraine Mixer

Lots of changes are happening this year. Our new rabbi will bring us new prayers and new programs. These new programs and updates to our building require fund raising. In this copy of Chai Lites you will find forms to complete if you would like to put a



Rosh Hashanah greeting in the next edition of our Temple Beth Shalom directory. This fund raiser has always brought us a wonderful amount of money that we have used for things like paying to have the building power washed or a new refrigerator.

This year we need and want more than simple updates. We require technology to keep up with other congregations. We need updates to our security system due to recent upticks in antisemitism.

Please reach out to corporate sponsors – your dentist, nail tech, landscaper, etc. We will take smaller commercial ads if they just want

to put a business card in our directory.

Please send the completed the directory form and payment to my attention at: Temple Beth Shalom, P.O. Box 313, Winter Haven, FL 33882.

Members should confirm the address and phone number they want published in our directory. Changes in the information currently in the directory should be sent to me at:

lorrainemixer@aol.com.

Let me know if you have fund raising ideas. My contact information is below.

We are also looking for the following individuals who are comfortable doing:

- *Aliyah* (come to the *bimah* to give *Torah* Blessings)
- *Hakafah* (carry *Torah* from the *bimah* around the congregation and back up)
- *Hagbah* (lift *Torah* after portion is read)
- G'lilah (assist with dressing *Torah* and returning her to the Ark)
- *Haftarah* Blessings (these are a little bit extra for the High Holidays)
- Readings in English -- translations of the *parsha*, *Haftarah* portion, responsive readings from *Gates*

Lorraine Mixer
TBS Board Past President
lorrainemixer@aol.com
863-409-8509

Temple Beth Shalom Officers

2025-2026

President: Uriah Rose

Secretary: Margo Fleisher

Treasurer: Michael Craig

Past President: Lorraine Mixer

Brotherhood/Sisterhood President: Beverly Lerner

Trustees:

Lee Ann Martinez

Diana Kramer

Arlene Greenberg

Bobby Baum

Ethan Feldman

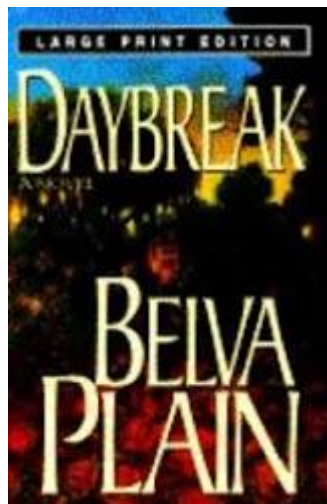
Jeffrey Goldblatt



The Book Club will meet at 11:00 a.m. on Tuesday, September 9th.

The September choice is:

Day Break by Belva Plain



**We've extended the date for submission of Directory Ads
September 30th.**



Temple Beth Shalom is the only reform Jewish congregation in Polk County, located in Winter Haven, Florida.

Our congregation is celebrating over 40 years of devotion to Polk County!

We are preparing our annual Directory. Please help us by supporting this fund-raising project by purchasing a Personal or Commercial Ad for our Chai Notes Directory.

All donors will be acknowledged for their generosity in our monthly newsletter, Chai Lites.

You will find the personal and commercial ad forms attached. Please make checks payable to:
Temple Beth Shalom
P.O. Box 313
Winter Haven, FL 33882-0313

We appreciate you helping us to make our directory a useful community tool.

With warm regards,

Uriah Rose
Congregation President
bodysbyrose@gmail.com

Temple Beth Shalom
Polk County Reform Jewish Congregation
863-292-0722 (messages only)
Mailing Address
P.O. Box 313
Winter Haven, FL 33882-0313

2025 - 2026
Temple Beth Shalom
High Holidays Chai Notes
Family Message Form

It's that time of year when we work together to make the source that
enables us to connect with each other by mail, telephone or email:

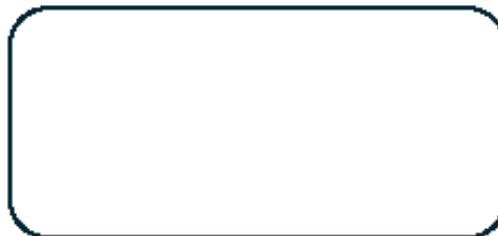
The Temple Beth Shalom Annual Directory.

Members and guests are invited to express holiday greetings to the
congregation. Please send this completed form and payment to;
Temple Beth Shalom, High Holidays Chai Notes, P.O. Box 313,
Winter Haven, FL 33882-0313

Or email your order to: Lorraine Mixter; lorrainemixter@aol.com
Please return by August 31, 2025



Large Message
\$36



Small Message
\$18

Temple Beth Shalom
Polk County Reform Jewish Congregation
863-292-0722 (messages only)
Mailing Address
P.O. Box 313
Winter Haven, FL 33882-0313



2025- 2026
Temple Beth Shalom Directory
Commercial Ad Order Form

Please complete a separate form for each ad. We can provide limited design work for ads using your art.

Bill to:

Name: _____

Street Address: _____

City/ State/ Zip: _____

Phone: _____

Print message clearly or attach digital artwork. Please do not staple or fold artwork.

- ☐ Full page (4 ¼" x 7 ½") / \$300.00
- ☐ Half page (4 ¼" x 3 ¼") / \$175.00
- ☐ Quarter page (4 ¼" x 1 7/8") / \$90.00

Please send this completed form, art and payment to:
Temple Beth Shalom, High Holidays Chai Notes, P.O. Box 313
Winter Haven, FL 33882-0313
or email your order to: lorrainemixter@aol.com

Havdalah for Community Transitioning to New Rabbi



Please RSVP to our dinner on September 13th at 6pm as we observe Selichot (also spelled *s'lichot*), in Hebrew, *selichot* translates to “forgiveness.”

Following the service, you are invited to join our community in a havdalah ritual to mark the next stage of our new rabbi’s first transition year.

Through the symbols and blessings of the havdalah ceremony, our members and guests are invited to walk themselves through four “gates”: the gate of spirit (wine), the gate of variety (spices), the gate of the future (candlelight), and the gate of transition (separation).

We hope you will look back on the past with gratitude as we look forward and welcome a start to new possibilities, and to ready yourself to receive the gifts of our new rabbi with love.



SHANA TOVA!

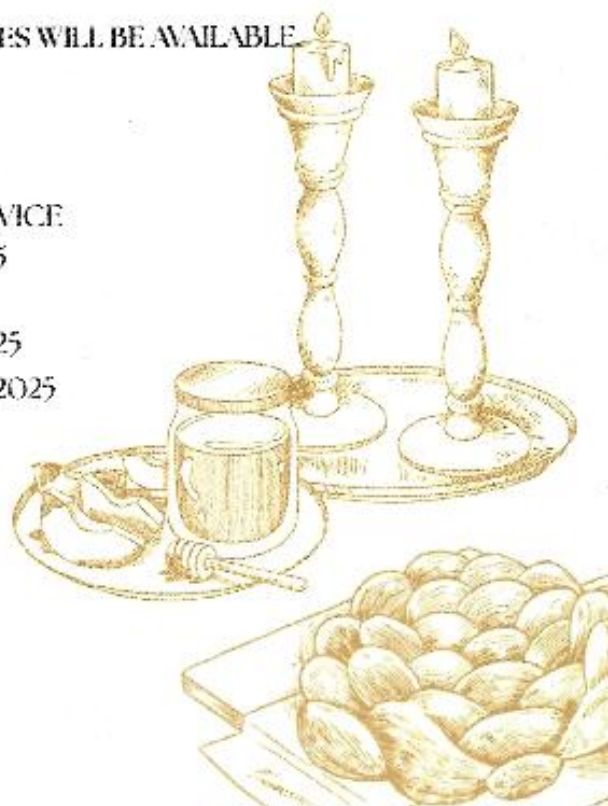
TEMPLE BETH SHALOM
WELCOMES YOU TO WORSHIP WITH US.
1029 BRADBURY RD. WINTER HAVEN, FLORIDA
POLK COUNTY'S ONLY REFORM JEWISH CONGREGATION
RABBI WIL GUYSTER LEADS SERVICES
CONTACT LORRAINE MINTER FOR TICKETS. TICKETS \$100 IN ADVANCE FOR
NON MEMBERS. MEMBERS IN GOOD STANDING, TICKETS INCLUDED IN
MEMBERSHIP.

PLEASE RSVP BY SEPTEMBER 15TH TO:
LORRAINE MINTER AT: 863 409 8509 OR LORRAINEMINTER@AOL.COM

PLEASE SEND YOUR CHECK TO;
P.O. BOX 313, WINTER HAVEN FLORIDA 33882 0313
OR THRU ZELLE TO: WEB@TEMPLEBETHSHALOMPOLK.ORG

ZOOM SERVICES WILL BE AVAILABLE

EREV ROSH HASHANAH
7:00 PM MONDAY, SEPT. 22, 2025
ROSH HASHANAH MORNING SERVICE
10:00 AM TUESDAY, SEPT. 23, 2025
KOL NIDRE SERVICE
7:00 PM WEDNESDAY, OCT. 1, 2025
YOM KIPPUR THURSDAY, OCT. 2, 2025
MORNING SERVICE 10:00 AM
DISCUSSION 3:00 PM
AFTERNOON SERVICE 4:00 PM
STONE SERVICE, YISKOR 4:30 PM
NEILAH 5:00 PM
BREAKFAST 6:00 PM



September Calendar

Sep 2	10:00 a.m.	Chair Yoga with Joyce Preston
Sep 2	12:00 p.m.	Maj Jong
Sep 7	10:00 a.m.	Brotherhood/Sisterhood at Temple Beth Shalom
Sep 9	10:00 a.m.	Chair Yoga with Joyce Preston
Sep 9	11:00 a.m.	Book Club
Sep 9	12:00 p.m.	Maj Jong
Sep 13	6:00 p.m.	Selichot Dinner and Service with Rabbi Guyster
Sep 14	9:30 a.m.	TBS Board Meeting
Sep 16	10:00 a.m.	Chair Yoga with Joyce Preston
Sep 16	12:00 p.m.	Maj Jong
Sep 22	7:00 p.m.	Erev Rosh Hashanah
Sep 23	10:00 a.m.	Rosh Hashanah Morning Service
Sep 30	10:00 a.m.	Chair Yoga with Joyce Preston
Sep 30	12:00 p.m.	Maj Jong
Oct 1	7:00 p.m.	Kol Nidre Service
Oct 2	10:00 a.m.	Yom Kippur – See schedule in this issued for more times

For more information, please email web@templebethshalompolk.org
or call: 863-292-0722

Summer Lay Services

Our wonderful members took turns during the summer to give us the chance to worship casually.
Thank you to all our Lay Leaders.



The Brotherhood/Sisterhood membership is open to all.
TBS members and their spouses.

We brunch at Temple Beth Shalom

Come join us on the First Sunday of each Month.

@ 10:00 am for social time and monthly meeting following.

Dues are \$25.00 per year for Family Voting Rights.

Everyone is Welcome to all our Events.

Beverly Lerner, president

Jeffrey Goldblatt, vice president

Sandi Grinker, treasurer

Ethan Feldman, secretary

Please contact the President of Brotherhood/Sisterhood –
Jeff Goldblatt at: auinoh@gmail.com for more information while
President Beverly Lerner recuperates from a broken leg.

Maj Jong Ladies



The Mah Jong ladies meet every Tuesday at noon.

We love our Maj Ladies. They are sharing the expense of using our building. Thank you, ladies,
for your contributions of water, soda, paper towels, flatware, etc.!

Feel free to bring your lunch and eat with them before they play. If you would like to learn
how to play Mah Jong, they will teach you.

For more information sandigrinker@gmail.com 863-207-7440.



Photos from our Meet and Greet with Rabbi Guyster

We had a wonderful turnout for our Meet and Greet. We would like to thank those who helped prepare and provide food, served, and cleaned up at the luncheon:

Sandi Grinker, Judy Richter, Bobby Baum, Diane Baum, Debbie Grinker, Lee Ann Martinez, Uriah Rose and Kyrstal Rose.



Sandi Grinker makes announcements



Margo Fleisher sounding the shofar



Rabbi Guyster



Rabbi Guyster, Uriah Rose & Debbie Grinker



Rabbi Guyster, Uriah Rose, Debbie Grinker & Margo



Rabbi Guyster and Uriah Rose



Rabbi Guyster, Jeff Goldblatt & Uriah Rose



Rabbi Guyster preparing to say the Motzi



Guests at the luncheon.



Joyce Preston explaining chai yoga with her students watching.



Good Cheer Committee

Our resident artist, Polly Weinmann is our new Chairperson of the "Good Cheer Committee".

Please share your name and date if you wish to receive greetings on your birthday, anniversary or at times when you just need an uplifting note.

Email: mom2furkids1@gmail.com

NAME	ADDRESS	PHONE	BIRTHDATE (NO YEAR)	ANNIVERSARY
------	---------	-------	------------------------	-------------

Honey Cake is traditional for Rosh Hashanah

INGREDIENTS:

- 2 cups all-purpose baking flour
- 1½ tsp baking powder
- ½ tsp baking soda
- ½ tsp kosher salt
- 1½ tsp ground cinnamon
- ½ tsp ground ginger
- ¼ tsp freshly grated nutmeg
- ¾ cup organic sugar
- ¼ cup light brown sugar, packed
- ½ cup vegetable oil
- ½ cup Leighton's honey
- 1 large egg, room temperature
- 1 large egg yolk, room temperature
- 1 tsp pure vanilla extract
- ½ cup fresh orange juice
- ½ cup buttermilk

FROSTING:

- 3 ounces cream cheese, room temperature
- 3 tbsp unsalted butter, room temperature
- 1 cup powdered sugar
- 1 tsp lemon zest, finely grated
- Pinch of kosher salt
- ½ tsp vanilla bean paste

Spiced Cake with Cream Cheese Frosting

DIRECTIONS:

- 1.) Preheat oven to 350°F.
- 2.) Coat a 9" cake pan with nonstick spray and line base with a parchment paper round.
- 3.) Whisk flour, baking powder, baking soda, salt, cinnamon, ginger and nutmeg in a large bowl to combine.
- 4.) Combine sugars, oil, Leighton's honey, egg, egg yolk and vanilla in the bowl of an electric mixer.
- 5.) Beat mixture until pale and thickened, about 4 minutes.
- 6.) Reduce speed to medium-low and gradually pour in orange juice and buttermilk. Beat until frothy, about 2 minutes.
- 7.) Reduce speed to low and gradually add dry ingredients; beat just until smooth. The mixture will be thin, like pancake batter.
- 8.) Pour into prepared pan and bake until cake is golden brown and center springs back when gently pressed (a cake tester will not come out clean), 50-55 minutes.
- 9.) Transfer to a wire rack and let cool in pan.
- 10.) Run a knife around edges of cake to loosen and invert onto rack; let cool completely.

FOR THE FROSTING:

- 1.) Using a hand mixer, beat cream cheese and butter in a medium bowl until smooth. Add powdered sugar, lemon zest, salt and vanilla. Beat on low speed until mixture is very light and smooth, scraping down sides of bowl.
- 2.) Pile frosting on top of cooled cake and spread to edges.
- 3.) Decorate with nasturtium flowers and leaves (or any edible flowers), rosemary sprigs, variegated sage and pomegranate seeds.



Onegs (also known as Kiddush)

The mitzvah of sponsoring an Oneg is a wonderful way to celebrate any milestone from a birth, birthday, bar/bat mitzvah, anniversary, graduation, or a loved one's yahrzeit.

A Congregational Oneg not only provides a meaningful tribute to a loved one with an acknowledgement in Chai Lites and a charitable donation receipt, but it more importantly provides blessings to the family with the words spoken by friends, members, and attendees to the sponsoring family. Kiddush/Oneg sponsorship helps strengthen your connection to the community while enhancing our community's Shabbat experience.

To celebrate your milestone with an Oneg, please contact Arlene Greenberg.
Please contact Arlene to reserve your Oneg spot or to volunteer to take over this responsibility at:
arlenegreenberg@gmail.com

September 22 Apples and Honey Cakes needed for Rosh Hashanah



Thank You's: there is always something to be thankful for!



- Thank you to Diana Kramer for organizing *Aliyahs* on Shabbat.
- Thank you to Bobby Baum for providing delicious homemade Challah.
- Thank you to Arlene Greenberg for organizing our Onegs.
- Thank you to Margo Fleisher for her photography and directing skills during our Zoom Services and our Board meetings as well as her secretarial skills.
- Thank you to Polly Weinmann for sending greeting cards.

Donations

- Barron Krisher has made a donation in honor of the Jewish people.
- Joan Funk has made a donation to the building fund.
- Linda Brown has made a donation to the building fund.

Temple Beth Shalom introduces:

Chai Lites Boosters, a Wish List for much needed upgrades for our building.

By donating Chai, \$18 your name will be published as a "Chai Lites Booster" in our monthly newsletter for a period of one year.

Yes, I want to be a Chai Lites "Booster."

Enclosed is my check in the amount of \$_____ for _____ years.

Please show my name as: _____

Please indicate Chai Lites Booster on your check.

Please mail your check to: Temple Beth Shalom

Attn: Boosters

P.O. Box 313, Winter Haven, Fl 33882

Chai Lites Boosters

Donor Name	Month	Expiration	Donor Name	Month	Expiration
Diana Kramer	3-Mar	2026	Joseph Rodriguez	13-Aug	2026
Janis Koike	26-Jan	2027	Beverly Lerner	9-Jun	2028
Brotherhood/Sisterhood	4-May	2031	Jeffrey Goldblatt	13-Jun	2026
Jerry Kosten	19-Jul	2026	Jerry Heyman	16-Jun	2026
Bobby Baum	3-Mar	2026	Herb LeShay	7-Aug	2027
Barbara Brooks	28-Aug	2027	Your name here		
Your name here			Varda Rottenberg	3-Mar	2026

September Yahrzeits

Yahrzeit Date	Deceased	Relationship
Sep	Marilyn Fisher Goodman	wife of Rabbi Robert Goodman
Sep	Rose Korn (Reizel bat Zvi)	mother of Howard Korn
1-Sep	Ruth Landesman	mother of Deanna Schwartz
2-Sep	Chuck Bendersky	perpetual yahrzeit
3-Sep	Mae Gasson	mother-in-law of Sandy Gasson
3-Sep	Jacob Martinez	husband of LeeAnn Martinez
5-Sep	Carol Lemonds	mother of Craig Lemonds
7-Sep	Louis Epstein	father of Joe Epstein
7-Sep	Helene Spiwak	mother of Randy Spiwak
7-Sep	Gertrude Wacks	mother of Lois Levine
9-Sep	Jacqueline Edelstein	Aunt of Uriah Rose
9-Sep	Sam Miller	Father of Steve Miller
9-Sep	Rebecca Studiem	mother of Sheila Watkins
9-Sep	Arnold Geller	brother of Saul Siegel
10-Sep	Sam Kosten	father of Jerry Kosten
10-Sep	Harry Mayer (founding member)	father of Max Mayer
12-Sep	Bernard Horowitz	father of Stephen Horowitz
13-Sep	Arnold Weitzenkorn	father of Paul Weitzenkorn
15-Sep	Joseph Rotenberg	father-in-law of Varda Rotenberg
15-Sep	Gladys Cohen (Malka)	mother of Allen Cohen
16-Sep	Harry Brand	grandfather of Michelle Wilson
16-Sep	Phillip F. Lerner	grandfather of Rob Lerner
17-Sep	Herman Danzig	brother of Bernie Danzig
17-Sep	Louis Halpert	father of Martin Halpert
18-Sep	Hyam Kantor	grandfather of Irwin Korn
18-Sep	Linda Small	wife of Norman Small
19-Sep	Morris Steinberg	father of Sandi Grinker
19-Sep	Inga Davis	mother of Ellen Salm
20-Sep	Alfred Rose	Grandfather of Uriah Rose
20-Sep	Isabel Kaskel	sister of Herbert LeShay
21-Sep	Helyne Treister	wife of Kenneth Treister
25-Sep	Robert Morris	grandfather of Jennifer Morris
25-Sep	Shirley Fisher	mother of Zeal Fisher
28-Sep	Harry Ross	father of Dick Ross
29-Sep	Bruce Shuster	cousin of Phil Grinker

Yahrzeit Reminders - May their memories be a Blessing.

A candle should be lit the night before at sundown.

You may say Kaddish with the Temple Beth Shalom community during Friday services.

Candles may be purchased at the temple.

It is customary at this time to give tzedakah in memory of your loved one.

To make a donation to any Temple Beth Shalom fund or to purchase a yahrzeit plaque,



A great action photo of the Tuesday morning Yoga practice.

From Left to Right: Joyce Preston (yogi), Sybil Weiss, Arlene Greenberg, Beverly Lerner, Judy Richter, and Sandi Grinker.

Chair Yoga at the Temple

Join us for chair yoga at the Temple. Temple member and certified yoga instructor Joyce Preston guides us through this gentle, beneficial activity using simple props, music, and clear directions. Joyce makes it fun and easy while still challenging for even our more advanced participants.

Come join us. \$5 per session.

Contact Beverly Lerner for more information. 863-294-6042 (home)

Bevlerner@aol.com

Thank you to all the members and families who donated and thank you to our 2024 Advertisers:

Stay tuned for 2025 Advertisers!

Baum and Knowles College Advising

Full Cover Insurance Solutions

Mayer Jewelers

Publix

Putters Restaurant on the 9th, Restaurant and Bar

Steven Greenberg Insurance

B'nai Brith Lodge

Temple Beth Shalom Brotherhood/Sisterhood

Joyce Preston

Crews Transportation